



Dear Residents, Family, And Friends

As the Fall season begins around us, we must look to nature for guidance. Like the trees let go of their leaves in order to grow even more beautiful in the spring, we must also let go of all of the worries that burden us in order to be the best versions of ourselves. We had a wonderful September this year! With fun festivities such as our Vineyard themed main event, our fall arts and crafts projects, and the amazing musical performances we were able to experience. In October, we are looking forward to an even more exciting month filled with awesome activities! Be on the lookout for our spirit days that are happening every Friday in preparation for Halloween. Make sure to get your most spook-tacular costume ready for our Halloween costume contest in order to win some sweet prizes. I am so grateful for all of our residents, family members, and staff. Each one of you plays a vital part in making Lewisville Estates the amazing community that it is, and I look forward to spending this fall with all of you. Thank you so much for being a part of our Lewisville Estates family.

Smitha Krishnan
Executive Director



OCTOBER 2022

Make It a Halloween Movie Night

Celebrate the spooky season with one of these family-friendly flicks:

"Hocus Pocus." In this 1993 comedy, Bette Midler, Sarah Jessica Parker and Kathy Najimy play the wicked Sanderson sisters, who are brought back to life on Halloween night. It's up to a trio of kids and a talking cat to save the town from the witches' villainous, yet hilarious, hijinks.

"The Nightmare Before Christmas." Two major holidays collide in this 1993 stop-motion movie. After Jack Skellington, the Pumpkin King of Halloween Town, discovers Christmas Town, he attempts to introduce Yuletide traditions to his people, with disastrous results.

"Casper." A classic cartoon character returns in this 1995 live-action film, with the friendly ghost falling for Kat, a teenager who has moved into Casper's home with her widowed father. Despite an interfering heiress and ghostly pranks pulled by Casper's uncles, Kat and Casper form a deep friendship and learn the importance of family.

"Hotel Transylvania." In this 2012 animated film, a human named Johnny accidentally uncovers Count Dracula's hotel for monsters, prompting the vampire to use his magical powers to protect his guests and daughter, Mavis. But his plans backfire when Johnny hits it off with Mavis and the other creatures.



ASSISTED LIVING
AL#010063

OCTOBER 2022

Locations

Activity Room	AR
AL Courtyard	ALC
AL Parking Lot	ALPL
Bistro	B
Independent Living	IL
Library	LL
Lobby	L
Outing	O
Spa	Spa

Transportation
Schedule..

Monday,	10am
Grocery Stores	9:45
Tuesday,	10am
Walmart	10am
Wednesday,	10am
Post Office/Bank	
Thursday,	10am
Walmart	10am
Friday,	TBA
Field Trips/Outings	

Happy
Birthday to
You All!!

Yadira Hernandez*	Oct. 1st
Nada Howard	Oct. 11th
Shelia Turner*	Oct. 17th
Joe Patterson	Oct. 13th

"If everyone started off the day singing, just think how happy they'd be."
—Lauren Miracle

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<div>1</div> <div>10:00 Exercise Class w/Elise 10:30 Word of the Day, L 2:00 Bingo, DR</div>
<div>2</div> <div>7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Chicken Foot, AR 3:00 Cinema Sundays, L</div>	<div>3</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Exercise w/Legacy, L 11:00 Adult Coloring Club 12:00 Puzzle Mania w/ Friends 1:30 Bible Study w/Yellow Rose, L 3:00 Try It, You'll Strike It (Bowling)</div>	<div>4</div> <div>10:00 "Walk This Weigh w/ Jada" Exercise 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 11:00 Adult Coloring Club 12:00 Puzzle Mania 1:00 Spades 2:00 Bingo, DR 3:30 "Lima Bean Auction" Halloween Edition!</div>	<div>5</div> <div>10:00 Chair Yoga, L 10:00 Post Office/Bank, O 10:30 Sudoku Challenge 11:00 Knitting and Crotchet Class 12:00 Hand & Foot 1:30 Bible Study, AR 3:30 Cold game Of Halloween Scrabble</div>	<div>6</div> <div>10:00 Chair Zumba 10:00 Walmart Shopping, O 10:30 Balloon Volleyball, L 2:00 Arts and Crafts, AR 4:00 Puzzle Mania, AR</div>	<div>7</div> <div>Crazy Sock Day 10:00 Chair Exercise 10:30 1:1 Session 1:30 Wonder Word Search, L 2:00 Social Hour 3:30 Name Your Game!</div>	<div>8</div> <div>10:00 Exercise Class w/Elise 10:30 Word of the Day, L 2:00 Bingo, DR</div>
<div>9</div> <div>7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Chicken Foot, AR 3:00 Cinema Sundays, L</div>	<div>10</div> <div>Columbus Day 9:30 Men & Women's Coffee Table DR 10:00 Exercise w/Legacy, L 11:00 Adult Coloring Club 1:30 Bible Study w/Yellow Rose, L 3:00 Beach Volleyball, L 4:00 Activities Meeting,</div>	<div>11</div> <div>10:00 "Walk This Weigh w/ Jada" Exercise 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 11:00 Adult Coloring Club 12:00 Puzzle Mania w/ Friends 2:00 Bingo, DR 3:30 Doubles or Nothin' (Tennis)</div>	<div>12</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Chair Yoga, L 10:00 Post Office/Bank, O 10:30 Sudoku Challenge 11:00 Ski-Bo Crew 12:00 Puzzle Mania w/ Friends 1:30 Bible Study, AR 2:30 Town Hall Meeting 3:30 Halloween Scavenger Hunt</div>	<div>13</div> <div>10:00 Chair Zumba 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 2:00 Arts and Crafts, AR 4:00 Crossword Puzzle, AR</div>	<div>14</div> <div>Wear Your Jersey Day! 10:00 Chair Exercise 10:30 1:1 Session 1:30 Wonder Word Search, L 2:00 Social Hour 3:30 Name Your Game!</div>	<div>15</div> <div>10:00 Exercise Class w/Elise 10:30 Word of the Day, L 2:00 Bingo, DR</div>
<div>16</div> <div>7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Chicken Foot, AR 3:00 Cinema Sundays, L</div>	<div>17</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Exercise w/Legacy, L 11:00 Puzzle Mania 12:00 Hand & Foot 1:30 Bible Study w/Yellow Rose, L 3:00 "Drop In The Cup Minute" Halloween Game</div>	<div>18</div> <div>10:00 "Walk This Weigh w/ Jada" Exercise 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 11:00 Knitting and Crotchet Class 12:00 Spades 2:00 Bingo, DR 3:30 "Lima Bean Auction" Halloween Edition!</div>	<div>19</div> <div>10:00 Chair Yoga, L 10:00 Post Office/Bank, O 10:30 Sudoku Challenge 11:00 Puzzle Mania w/ Friends 12:00 Spades 1:30 Bible Study, AR 2:30 Movie and Snacks, L 3:30 Halloween Danger Game</div>	<div>20</div> <div>10:00 Chair Zumba 10:00 Walmart Shopping, O 10:30 Balloon Volleyball, L 2:00 Arts and Crafts, AR 3:00 Wine & Cheese Tasting (Main Event) 4:00 Puzzle Mania, AR</div>	<div>21</div> <div>Wear a Hat Day! 10:00 Chair Exercise 10:30 1:1 Session 1:30 Wonder Word Search, L 2:00 Social Hour 3:30 Name Your Game!</div>	<div>22</div> <div>10:00 Exercise Class w/Elise 10:30 Word of the Day, L 2:00 Bingo, DR</div>
<div>23</div> <div>7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Chicken Foot, AR 3:00 Cinema Sundays, L</div>	<div>24</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Exercise w/Legacy, L 11:00 Puzzle Mania 12:00 Hand & Foot 1:30 Bible Study w/Yellow Rose, L 3:00 Rounds of Cornhole</div>	<div>25</div> <div>10:00 "Walk This Weigh w/ Jada" Exercise 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 11:00 Adult Coloring 12:00 Skip- Bo Click 2:00 Bingo, DR 3:30 Epic Fish Bowl Game</div>	<div>26</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Chair Yoga, L 10:00 Post Office/Bank, O 10:30 Sudoku Challenge 11:00 Adult Coloring Club 12:00 Hand & Foot 1:30 Bible Study, AR 2:30 Uno, Ice Cream & Friends 3:30 Mexican Train Crew, AR</div>	<div>27</div> <div>10:00 Chair Zumba 10:00 Walmart Shopping, O 10:30 Puzzle Mania, AR 2:00 Arts and Crafts, AR 4:00 Crossword Puzzle, AR</div>	<div>28</div> <div>Wear Your Halloween Costume! 10:00 Chair Exercise 10:30 1:1 Session 1:30 Wonder Word Search, L 2:00 Halloween Social Hour 3:30 Name Your Game!</div>	<div>29</div> <div>10:00 Exercise Class w/Elise 10:30 Word of the Day, L 2:00 Bingo, DR</div>
<div>30</div> <div>7:30 In Search of the Lord's Way (Kdfid Channel 7), L 2:00 Chicken Foot, AR 3:00 Cinema Sundays, L</div>	<div>31</div> <div>9:30 Men & Women's Coffee Table DR 10:00 Exercise w/Legacy, L 11:00 Chicken Foot 12:00 Knitting and Crotchet Class 1:30 Bible Study w/Yellow Rose, L 3:00 Skip- Bo Click</div>					

Laugh Lines: 'Pumpkin' To Talk About

Have a "gourd" time with these pumpkin jokes!

Q: What do you call a pretty pumpkin?

A: Gourd-geous.

Q: What's a pumpkin's favorite sport?

A: Squash.

Q: What do pumpkins eat at the movies?

A: Pulp-corn.

Q: What did the pumpkin say to the pumpkin carver?

A: "Cut it out!"

Q: Why was the jack-o'-lantern afraid to cross the road?

A: Because it had no guts!

Q: How do you mend a broken jack-o'-lantern?

A: With a pumpkin patch.

Q: When is a pumpkin not a pumpkin?

A: When you drop it—then it's a squash.

A Pun-derful Season

Hay, there! Orange you glad it's autumn? Fall weather is unbe-leaf-able. It's really a-maizing. (If you don't like sappy puns, you better leaf right now!) At this time of year, pumpkins start piling up all around. They look so patch-ure perfect and are pie-ticularly tasty and filling. You'll also notice a latte drinks and foods flavored with pumpkin spice. Don't even chai to escape it. It really strikes a gourd with people. Whatever you love about the season, carve out some fun and give 'em pumpkin to talk about.



Employee of the Month!

Ladies and Gentlemen, Lewisville Estates would like to recognize Elbia Cantor as our Employee of The Month for October! Elbia is extremely dedicated with an exemplary work ethic. She is always going the extra mile for our residents and bringing a smile to their faces. Elbia, you're an inspiration to us all! We'd like to congratulate and acknowledge the tremendous success you've achieved. Thanks for being a part of Lewisville Estates!

