



Your Executive Director!

Meet Gary Taylor - Leading with Passion and Expertise
Dedicated, compassionate, and with over 21 years of invaluable experience in the senior living industry, Gary stands as a beacon of leadership in the field. Born and raised in the vibrant city of Baltimore, Maryland, Gary now calls the picturesque East Dallas neighborhood around White Rock home. In addition to his extensive experience in senior living, Gary is a distinguished veteran of the United States Air Force, proudly serving during the challenging times of Desert Storm. His military service reflects a commitment to duty, discipline, and leadership, qualities that have seamlessly transitioned into his civilian life and professional endeavors. Having devoted more than two decades to senior living, Gary has become synonymous with excellence in providing care and creating enriching environments for the elderly. His journey in the industry is marked by a commitment to enhancing the quality of life for seniors, ensuring their well-being, and fostering a sense of community.

Welcome your new Executive Director, Gary Taylor!



FEBRUARY 2024

Denise Watson for Employee of the Month!

It is with great pleasure that we announce Denise Watson as our Employee of the Month for February. Denise consistently delivers exceptional service, creating memorable experiences for our residents. She is an exemplary team player, always willing to lend a helping hand to her teammates. Her positive attitude and willingness to collaborate contribute significantly to the positive work environment we strive to maintain. Her consistent performance and dedication set a standard for dependability that is truly admirable.

Even during our busiest moments, Denise maintains a calm and collected demeanor. In the vibrant tapestry of our dining experience, there exists a thread of excellence that weaves seamlessly through every interaction. This month, we are delighted to spotlight Denise Watson, our Employee of the Month, for her outstanding contribution as a server. Denise, thank you and congratulations once again!



INDEPENDENT LIVING

FEBRUARY 2024

Locations

- Parking Lot PL
- Bistro B
- Community Room CR
- Dining Room DR
- Fitness Room FR
- Garden G
- Library LL
- Lobby L
- Outing O
- Route 66 R66
- Theater TH

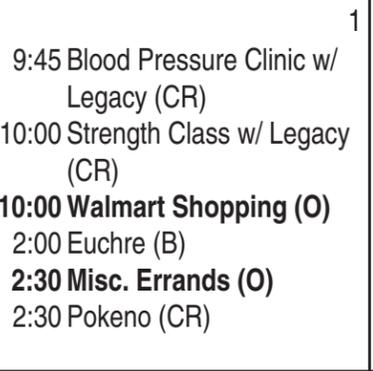
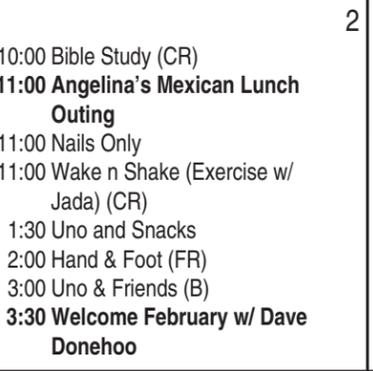
Transportation

- Monday, 10AM** (Grocery Stores)
- Tuesday & Thursday, 10AM** (Walmart)
- Wednesday, 10AM** (Post Office/Bank)
- Thursday, 2:30PM** (Misc. Errands)
- Friday, 9:30AM**

- 2-Sue Buchanan
- 3-Steve Connor
- 5-Vivian Dunn
- 6-Evelyn Schuler
- 6-Jack Wheeler
- 8-Nancy Carroll
- 12-Vernon Lambert
- 14-Arlene French
- 15-Jeannie Morris
- 17-Marilyn Murphy
- 19-Maggie Rodriguez
- 20-Deb Baker
- 22-Dolores Casal
- 24-Marian Myers

"Connecting our hearts through love yields a nectar so sweet we are forever full."
—Amy Leigh Mercree

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	5 9:45 Big Lots (O) 10:00 Coffee & News ... (R66) 10:30 Activities Meeting (TH) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	6 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 3:00 Indoor Mini Golf 3:30 Red Light, Green Light 4:00 Ring Toss	7 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Apple Picking Contest (L) 3:00 Dominos/42/Mexican Train (CR)	8 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Manicures, Pedicures & Music 2:30 Misc. Errands (O) 3:30 Spelling Bee Contest	9 10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Uno and Snacks 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	10 10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It's Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie
11 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	12 9:45 Dollar Tree (O) 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	13 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 2:30 Town Hall Meeting (CR) 3:30 Sorting Game	14 Happy Valentine's Day! 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Couples' Lunch Outing Texas Roadhouse 11:00 Morning Devotional (CR) 2:00 Valentine's Love Game 3:00 Dominos/42/Mexican Train (CR)	15 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O)	16 10:00 Bible Study (CR) 10:00 Perot Museum! 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Uno and Snacks 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B) 3:30 Social Hour w/ Steve & Toni	17 10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It's Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie
18 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	19 Presidents Day 9:45 Target Shopping (O) 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	20 9:30 Coffee and News ... 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 3:00 Finish The Lyrics ('50's * '60s Music)	21 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 2:00 Activities Meeting 3:00 Dominos/42/Mexican Train (CR)	22 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O)	23 10:00 Bible Study (CR) 11:00 Nails Only 11:00 Wake n Shake (Exercise w/ Jada) (CR) 1:30 Uno and Snacks 2:00 Hand & Foot (FR) 3:00 Uno & Friends (B)	24 10:00 Weekend Exercise w/ Allison 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 It's Saturday Bingo w/ Allison 2:00 Skip-Bo Crew 2:30 Afternoon Movie
25 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	26 9:45 Tom Thumb (O) 10:00 Coffee & News ... (R66) 11:00 Morning Devotional (CR) 12:00 "Country Store Is Open" (R66) 2:00 Spades	27 9:45 Coffee and News.. 10:00 Balance Class w/ Legacy (CR) 10:00 Catholic Communion (Bistro) 10:00 Walmart Shopping (O) 2:00 Hand & Foot (B) 3:00 Try It, You'll Strike It (Bowling)	28 10:00 Post Office/Bank (O) 10:00 Wake n Shake (Exercise w/ Jada) 10:30 Country Store (R66) 11:00 Morning Devotional (CR) 3:00 Dominos/42/Mexican Train (CR)	29 9:45 Blood Pressure Clinic w/ Legacy (CR) 10:00 Strength Class w/ Legacy (CR) 10:00 Walmart Shopping (O) 2:00 Euchre (B) 2:30 Misc. Errands (O)		
All Events Are Subject to Change						

Super Bowl Party

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials, or just looking for the chips and dip? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party!



Rosy Words

The flower of love, the rose, is admired for its beauty and pleasing fragrance, and has grown to be part of our everyday language. Take your pick of these familiar phrases: *Stop and smell the roses*. This popular proverb is a descriptive way of telling someone to relax, slow down and enjoy life. The expression gained ground in the 1960s after pro golfer Walter Hagen was quoted as saying, "Don't hurry. Don't worry. And be sure to smell the flowers along the way." *Everything's coming up roses*. Lyricist Stephen Sondheim made these words famous when he wrote a song with that title for the 1959 Broadway musical "Gypsy," and its star, Ethel Merman, made it a show-stopping number. Sondheim was likely inspired by the similar saying "come up smelling like a rose," already in use, to convey that things are going well.



Revelers in America have celebrated Mardi Gras since the 1700s, but historians say New Orleans' famous tradition of putting on parades began on Feb. 24, 1857. This was the first record of a krewe, or social club, organizing a procession through the city streets that included rolling floats and marching bands.

