

A Fun and Functional Fastener

Invented over 100 years ago, the paper clip is still helping us hold it all together. There's even a holiday dedicated to this little piece of bent wire: National Paper Clip Day on May 29.

- A predecessor to the paper clip was patented in 1867. Its purpose was to hold labels on fabric.
- The Gem Manufacturing Company developed a paper clip in the late 19th century that became the most common design all over the world. Some folks even call the tiny tools "gem clips."
- The French word for paper clip is trombone, since the looped wire resembles the brass instrument's bell-shaped end.
- During World War II, people living in German-occupied countries wore paper clips to protest Nazi rule. The clips symbolized unity since they were used to hold things together.
- If you used a computer with Microsoft Office programs, such as Word and Excel, in the late '90s and early 2000s, then you probably remember Clippy. This animated paper clip would pop up on the screen with helpful tips.
- The paper clip has another connection to the digital world: It's the universal symbol for adding an attachment of a file or photo to an email message.



A Wildlife-Friendly Garden

Big or small, a garden can provide many benefits for wildlife that in turn will help plants flourish. During Gardening for Wildlife Month in May, think about the ways you can make your green space more inviting for nature.

To see more birds, butterflies and bees in your garden, you need plants that will attract them. Sunflowers, zinnias, petunias and lantana are popular choices. Include plants that are native to your region, since local wildlife will naturally seek them out.

Make your garden area even more enticing with a water source. While not every space is suitable for a birdbath or fish pond, birds and insects will still appreciate a small saucer of fresh water. Add stones or marbles to the dish to give the critters a place to stand.

Lots of people hang feeders to nourish our feathered friends during the winter, but if you hang them year-round, birds will know your garden is the place to be. Clean and refresh feeders often for happier, healthier birds.

Helpful bugs and critters such as toads are more likely to hang around a garden that's safe for them. Making a bug hotel, which can attract solitary bees and beetles, can be a fun project for all ages. A cracked pot can be repurposed into a toad house, simply by flipping it over and placing it in a cool, shady area.



The Lewisville Estates Lifestyle

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MAY 2022

Dear Residents, Families and Friends

As we usher in the month of May, we would like to take the time to encourage everyone to spend some time getting connected with nature. The days are getting warmer and the flowers are beginning to bloom. There is no better time than the present to spend some time outside and appreciate all the beauty around us. Life can certainly be hectic and busy, but it is important to allow yourself time to breathe and relax.

In April, our residents celebrated the coming of spring with our Spring Fling main event, our Community Spirit Dress-Up Days, and our Easter Celebration Egg Hunt. It was so fun to be able to spend time with everyone and bask in the sun!

We are very excited for all the fun events we have planned for the month of May. We will be celebrating all our moms during our Mother's Day Tea Party. We will also be making fun, flowery hats for our Kentucky Derby Celebration to wear as we cheer on our favorite horses! And don't forget to make your way down to our James Bond Casino Night Main Event. Make sure to check the calendar regularly so you don't miss out on any fun events!

"May" this new month and fun activities bring you lots of joy!

Thank you,
Smitha Krishnan
Executive Director



Employee of the Month!

Lewisville Estates would like to recognize Khasahn Butler as our Employee of the Month for May! Khasahn is very dedicated, industrious and always helps out when needed. He always has a smile that can brighten any room! Khasahn, we appreciate you for all that you do. Thanks for being a part of Lewisville Estates!



INDEPENDENT LIVING

MAY 2022

Locations

- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

Birthdays

- Susanne Ness, 1st
- Leo Bunderson, 2nd
- Jim Cox, 6th
- Dolores Giercza, 7th
- Bob Vale, 8th
- Hilda Ibarra, 14th (Employee)
- Karen Tarrant, 16th
- John Wilkins, 20th
- Gene Wilkins, 27th
- Ed Volponi, 30th

Transportation Schedule

- Monday, 10 a.m. Grocery Stores
- Tuesday & Thursday, 10 a.m. Walmart
- Wednesday, 10 a.m. Post Office/Bank
- Thursday, 2:30 p.m. Misc. Errands
- Friday, 9:30 a.m. Express Errands
- Friday, TBA Field Trips/Outing

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MAY DAY 1</p> <p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>10:00 Community Church, CR</p> <p>3:00 Resident Choice Game, B</p>	<p>10:00 Fab, Fit & Fun w/Jada, CR 2</p> <p>10:00 Dollar General, O</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>12:45 Ambassadors Meeting, B</p> <p>1:00 Bridge, B</p> <p>2:00 Pokeno, CR</p> <p>3:30 Root Beer Float Social, G</p>	<p>9:00 Walking Club, L 3</p> <p>9:30 A Trip to the Gainesville Zoo!, O</p> <p>10:00 Balance Class w/ Legacy, CR</p> <p>10:00 Catholic Communion, B</p> <p>10:00 Coloring Club, CR</p> <p>2:30 Skip-Bo, B</p> <p>3:30 Scrabble, B</p>	<p>10:00 Post Office/Bank, O 4</p> <p>10:00 Fab, Fit & Fun w/Jada, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Crochet Class, B</p> <p>2:00 "Back Draw", CR</p> <p>2:30 Spades (Card Game), B</p> <p>3:00 Dominoes Club w/ Ice Cream, CR</p>	<p>CINCO DE MAYO 5</p> <p>9:45 Blood Pressure Clinic w/Legacy, CR</p> <p>10:00 Strength Class w/ Legacy, CR</p> <p>10:00 Coloring Club, B</p> <p>2:00 "Spa Day for Moms", O</p> <p>2:30 Misc Errands, O</p> <p>3:00 Uno, Ice Cream & Friends, B</p>	<p>10:00 Bible Study, CR 6</p> <p>10:00 Men's Coffee Group, B</p> <p>10:00 Foot Massage, F</p> <p>12:00 Puzzle Time w/ Friends, R66</p> <p>1:30 Wahoo Board Game!, CR</p> <p>3:30 Friday Fun Happy Hour, L</p>	<p>10:30 Coffee Club, L</p> <p>11:00 Trivia in the Lobby, L</p> <p>11:45 Mother's Day Brunch, DR</p> <p>2:30 Movies and Popcorn, TH</p>
<p>MOTHER'S DAY 8</p> <p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>10:00 Community Church, CR</p> <p>3:00 Resident Choice Game, B</p>	<p>10:00 Fab, Fit & Fun w/Jada, CR 9</p> <p>10:00 Tom Thumb, O</p> <p>10:30 Country Store</p> <p>10:30 Coloring Club, B</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Bridge, B</p> <p>2:00 Arts & Crafts, CR</p> <p>3:30 Skip-Bo, B</p>	<p>9:00 Walking Club, L 10</p> <p>10:00 Balance Class w/ Legacy, CR</p> <p>10:00 Make Up & Nails by: Jada & Lucinda, F</p> <p>1:30 Hand & Foot, B</p> <p>2:30 Town Hall Meeting, CR</p> <p>3:30 Uno & Friends, B</p>	<p>10:00 Puzzle Mania w/Friends, R66 11</p> <p>10:00 Post Office/Bank, O</p> <p>10:00 Fab, Fit & Fun w/Jada, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:30 Spades (Card Game), B</p> <p>3:00 Dominoes Club w/Snacks, CR</p>	<p>9:45 Blood Pressure Clinic w/Legacy, CR 12</p> <p>10:00 Strength Class w/ Legacy, CR</p> <p>10:30 Skip-Bo, B</p> <p>2:00 Billion Dollar Bingo, CR</p> <p>2:30 Misc Errands, O</p> <p>3:30 Bowling w/ Friends, CR</p>	<p>10:00 Bible Study, CR 13</p> <p>10:00 Men's Coffee Group, B</p> <p>10:00 Foot Massage, F</p> <p>12:00 Coffee & Conversations, L</p> <p>1:00 Adult Coloring Club, B</p> <p>3:30 Friday Fun Happy Hour, L</p>	<p>10:30 Coffee Club, L</p> <p>11:00 Trivia in the Lobby, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>15</p> <p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>10:00 Community Church, CR</p> <p>3:00 Resident Choice Game, B</p>	<p>10:00 Fab, Fit & Fun w/Jada, CR 16</p> <p>10:00 Dollar Tree, O</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Bridge, B</p> <p>2:00 Tea Around the World, CR</p> <p>3:30 Hand & Foot, B</p> <p>4:00 Uno & Ice Cream, B</p>	<p>9:00 Walking Club, L 17</p> <p>10:00 Balance Class w/ Legacy, CR</p> <p>10:00 Catholic Communion, B</p> <p>12:00 Puzzle Mania w/ Friends, R66</p> <p>2:00 Hedbanz Challenge, B</p> <p>3:30 Lima Bean Auction!, CR</p> <p>4:00 Ring Toss, CR</p>	<p>18</p> <p>10:00 Post Office/Bank, O</p> <p>10:00 Fab, Fit & Fun w/Jada, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:30 Wahoo Board Game!, CR</p> <p>2:30 Spades (Card Game), B</p> <p>3:00 Dominoes Club w/ Ice Cream, CR</p>	<p>9:45 Blood Pressure Clinic w/Legacy, CR 19</p> <p>10:00 Strength Class w/ Legacy, CR</p> <p>2:00 Uno & Friends, B</p> <p>2:30 Misc Errands, O</p> <p>6:00 James Bond Casino Night! (Main Event), CR</p>	<p>10:00 Bible Study, CR 20</p> <p>10:00 Adult Coloring Club, B</p> <p>10:00 Men's Coffee Group, B</p> <p>10:45 Jinbeh Hibachi Restaurant, CR</p> <p>12:00 Puzzle Mania w/ Friends, R66</p> <p>3:30 Happy Hour, L</p>	<p>10:30 Coffee Club, L</p> <p>11:00 Trivia in the Lobby, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>22</p> <p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>10:00 Community Church, CR</p> <p>3:00 Resident Choice Game, B</p>	<p>10:00 Fab, Fit & Fun w/Jada, CR 23</p> <p>10:00 Kroger, O</p> <p>10:30 Country Store</p> <p>10:30 Coloring Club</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Bridge, B</p> <p>2:00 Arts & Crafts, CR</p> <p>3:30 Bean Bag Toss, CR</p>	<p>9:00 Walking Club, L 24</p> <p>10:00 Balance Class w/ Legacy, CR</p> <p>10:00 Make Up & Nails by: Jada & Lucinda, F</p> <p>12:30 Wahoo Board Game!, CR</p> <p>1:30 Hand & Foot, B</p> <p>2:00 Movie & Grub!, TH</p> <p>3:30 "Back Draw", CR</p>	<p>25</p> <p>10:00 Post Office/Bank, O</p> <p>10:00 Fab, Fit & Fun w/Jada, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Would You Rather? Game, B</p> <p>2:00 Food Forum, DR</p> <p>3:00 Dominoes Club w/ Snacks, CR</p> <p>7:30 Movie Night, CR</p>	<p>26</p> <p>9:45 Blood Pressure Clinic w/Legacy, CR</p> <p>10:00 Strength Class w/ Legacy, CR</p> <p>12:30 Hedbanz, B</p> <p>2:00 Billion Dollar Bingo, CR</p> <p>2:30 Misc Errands, O</p> <p>3:30 "shade & Lemonade", G</p>	<p>27</p> <p>10:00 Bible Study, CR</p> <p>10:00 Men's Coffee Group, B</p> <p>12:00 Puzzle Time w/ Friends, R66</p> <p>3:30 Happy Hour, L</p> <p>10:00 Foot Massage, F</p>	<p>10:30 Coffee Club, L</p> <p>11:00 Trivia in the Lobby, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>29</p> <p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>10:00 Community Church, CR</p> <p>3:00 Resident Choice Game, B</p>	<p>MEMORIAL DAY 30</p> <p>10:00 Fab, Fit & Fun w/Jada, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Bridge, B</p> <p>2:00 Pokeno, CR</p>	<p>31</p> <p>9:00 Walking Club, L</p> <p>10:00 Balance Class w/ Legacy, CR</p>				