



SEPTEMBER 2022

September's Starry Flower

Containers of daisy-like asters are often seen displayed with them. September's birth flower, the aster blooms in late summer through autumn, bringing hues of blue, purple, pink and white to the garden. Aster is the Greek word for star, describing the shape of the flower's fanned petals.



In This Photo: Zenobia Pettett



Wit & Wisdom

"I got to thinking about relationships and partial lobotomies. Two seemingly different ideas that might just be perfect together—like chocolate and peanut butter."

—Sarah Jessica Parker

"All you need is love. But a little chocolate now and then doesn't hurt."

—Charles M. Schulz

"Look, there's no metaphysics on earth like chocolates."

—Fernando Pessoa

"There is nothing better than a friend, unless it is a friend with chocolate."

—Charles Dickens

"Strength is the capacity to break a chocolate bar into four pieces with your bare hands—and then eat just one of the pieces."

—Judith Viorst



INDEPENDENT LIVING

SEPTEMBER 2022

Locations

Parking Lot	PL
Bistro	B
Community Room	CR
Dining Room	DR
Fitness Room	FR
Garden	G
Library	LL
Lobby	L
Outing	O
Route 66	R66
Theater	TH

Transportation Schedule:

Monday, 10AM (Grocery Stores)
Tuesday & Thursday, 10AM (Walmart)
Wednesday, 10AM (Post Office/Bank)
Thursday, 2:30PM (Misc. Errands)
Friday, 9:30AM (Express Errands)
Friday, TBA (Field Trips/Outings)

Happy Birthday!

4-Martha Murphy
8-Alyce Eustace
9-Mitch Jones
19-Char Bonar
27-Jane Brazell
30-Nadine Grimes

“If life is a cup of tea,
gratitude is the honey that
makes it sweet.”
—Natasha Potter

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HELLO AUTUMN		10:00 Balance Class w/ Legacy 10:00 Nails & Make Up by: Jada & Lucinda 10:00 Walmart Shopping 11:00 Adult Coloring Club 12:00 Puzzle Mania 1:00 Cribbage 2:00 Roll The Dice 3:30 Uno, Ice Cream & Friends	10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank (O) 10:30 Country Store is Open (R66) 11:00 Epic Ring Toss (B) 12:00 Puzzle Mania (R66) 1:00 Skip-Bo Squad (FR) 2:00 Food Forum (DR) 3:00 Dominos Club (CR)	Tacky Hat Day! 9:00 Coffee and Crosswords 9:45 Blood Pressure Clinic w/ Legacy 10:00 Strength Class w/ Legacy 10:00 Walmart Shopping (O) 11:00 Take a Walk around L.E. 12:00 Knitting and Crotchet Class 1:00 Rounds of Cornhole 2:00 Spelling Bee Contest	10:00 Bible Study 10:00 Walk This Weigh w/ Jada 12:00 Puzzle Mania 1:00 4 in a Row Connect 4 2:00 Hand & Foot 3:30 “Let’s Dance to the Music” Happy Hour	10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Legally Blonde 2
4 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	5 9:45 Big Lots 10:00 “Walk This Weigh” by Jada 11:00 Morning Devotional 12:00 “Country Store is Open” 1:00 Spades 2:00 Pokeno 3:30 Hand & Foot	6 10:00 Balance Class w/ Legacy(CR) 10:00 Holy Communion (B) 10:00 Walmart Shopping (O) 11:00 Adult Coloring Club (B) 12:00 Puzzle Mania (R66) 1:00 Epic Ring Toss (CR) 2:00 Come Play Tennis (CR) 3:30 Skip- Bo Click (B)	7 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank 10:00 Walk This Weigh w/ Jada 10:30 County Store 11:00 Morning Devotional 1:00 Rounds of Cornhole 3:00 Dominos Club	8 9:45 Blood Pressure Clinic w/ Legacy 10:00 Strength Class w/ Legacy 10:00 Walmart Shopping (O) 11:00 Knitting and Crochet Class 12:00 Puzzle Mania 2:00 Word Scramble Competition (Theater) 3:30 Red Light, Green Light	9 10:00 Bible Study 10:45 Cracker Barrel 12:00 Puzzle Mania 1:00 Outburst Game 2:00 Hand & Foot 3:30 Friday Fun Happy Hour	10 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Pretty Woman
11 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	12 9:45 Tom Thumb 10:00 “Walk This Weigh” by Jada 11:00 Morning Devotional 12:00 “Country Store is Open” 2:00 Pokeno 3:30 Hand & Foot	13 10:00 Balance Class w/ Legacy(CR) 10:00 Holy Communion 10:00 Walmart Shopping (O) 11:00 Adult Coloring 12:00 Puzzle Mania 2:30 Town Hall Meeting 3:30 Epic Fish Bowl Game	14 9:00 WinStar Casino 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank 10:30 County Store 11:00 Knitting and Crochet Class 12:00 Puzzle Mania 2:00 Mini Golf 3:00 Dominos Club	15 9:45 Blood Pressure Clinic w/ Legacy 10:00 Strength Class w/ Legacy 10:00 Walmart Shopping (O) 11:00 Knitting and Crochet Class 12:00 Spades 2:00 Puzzle Mania 3:00 ‘Wine/Cheese Tasting Main Event’	16 10:00 Bible Study 10:30 Walk This Weigh w/ Jada 12:00 Puzzle Mania 1:00 Take a Walk around L.E. 2:00 Hand & Foot 3:30 Hangin’ W/ Friends Social	17 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Eat, Pray, Love
18 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	19 9:45 Dollar Tree 10:00 “Walk This Weigh” by Jada 11:00 Morning Devotional 12:00 “Country Store is Open” 2:00 Pokeno 3:30 Hand & Foot	20 10:00 Balance Class w/ Legacy(CR) 10:00 Catholic Communion 10:00 Walmart Shopping (O) 1:00 Scrabble 3:00 Uno, Ice Cream & Friends 4:30 Cotton Patch Outing	21 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank 10:30 County Store 11:00 Knitting and Crochet Class 12:00 Puzzle Mania 1:30 Try It, You’ll Strike It (Bowling) 3:00 Dominos Club	22 9:45 Blood Pressure Clinic w/ Legacy 10:00 Strength Class w/ Legacy 10:00 Walmart Shopping (O) 11:00 Knitting and Crochet Class 12:00 Spades 1:00 Skip- Bo Click 2:00 Garage Sale Follow up Meeting 3:00 Cribbage	23 10:00 Bible Study 10:30 Walk This Weigh w/ Jada 12:00 Puzzle Mania 1:00 Take a Walk around L.E. 2:00 Hand & Foot 3:30 “Scavenger Hunt”	24 10:30 The Coffee Club 11:00 Puzzle Mania 2:00 Skip-Bo Crew 2:30 Afternoon Movie: Because I Said So
25 8:30 “In Search of The Lord’s Way” (KDFID Channel 7) 10:00 Community Church 1:30 Bridge 3:00 Card Game Mania	26 10:00 “Walk This Weigh” by Jada 11:00 Morning Devotional 12:00 “Country Store is Open” 2:00 Pokeno 3:30 Hand & Foot	27 10:00 Balance Class w/ Legacy(CR) 10:00 Nails & Make Up by: Jada & Lucinda 10:00 Walmart Shopping (O) 11:00 Adult Coloring 12:00 Puzzle Mania 1:30 Beach Volleyball 2:30 Chicken Foot 3:30 Try It, You’ll Strike It (Bowling)	28 10:00 Bible Study by Richard N. (theater) 10:00 Post Office/Bank 10:30 County Store 12:00 Ring Toss 1:00 4 in a Row Connect 4 2:00 Food Forum 3:00 Dominos Club	29 9:45 Blood Pressure Clinic w/ Legacy 10:00 Strength Class w/ Legacy 10:00 Walmart Shopping (O) 11:00 Knitting and Crochet Class 12:00 Puzzle Mania 2:00 Come Play Tennis 3:30 Uno, Ice Cream & Friends	30 10:00 Bible Study 10:30 Walk This Weigh w/ Jada 12:00 Puzzle Mania 1:00 Take a Walk around L.E. 2:00 Hand & Foot 3:30 Birthday Bash Social	

NFL Fun Facts

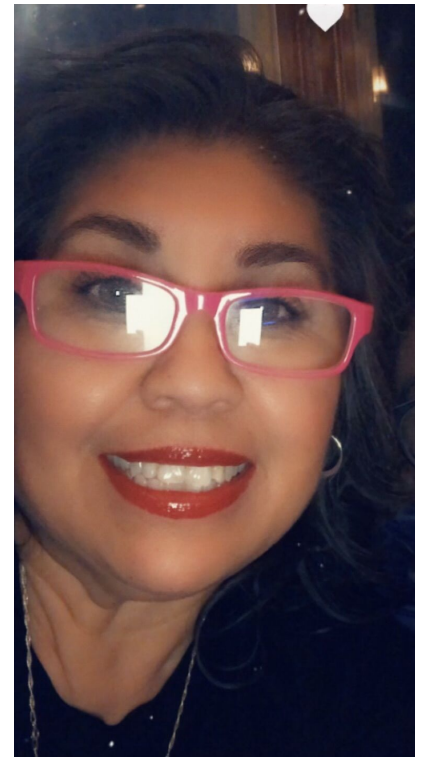
This time of year, NFL fans are all about the grit and glory on the gridiron. Here are a few fun football facts to kick around:

- The NFL was founded in 1920 in Canton, Ohio, which is now home to the Pro Football Hall of Fame.
- A 1939 matchup between the Philadelphia Eagles and the Brooklyn Dodgers was the first televised football game.
- NFL players were not required to wear helmets until 1943.
- The 1972 Miami Dolphins became the first NFL team to have a perfect season. Their 17-0 record culminated with a win at Super Bowl VII.
- Deion Sanders is the only athlete who has played in both a Super Bowl and a World Series.
- In 2015, the league hired its first full-time female referee, Sarah Thomas.



Sept. 11: We Remember

Sept. 11 is designated as Patriot Day in memory of the nearly 3,000 who died in the Sept. 11, 2001, terrorist attacks. To honor those who died, the American flag is displayed prominently and flown at half-staff; Americans are also asked to observe a moment of silence beginning at 8:46 a.m., marking the first plane crash. We honor the memory of those we've lost and hope you'll take some time on the 11th to remember the many who died on this tragic day.



In This Photo: *Hilda Ibarra*

Employee of the Month!

Lewisville Estates would like to recognize Hilda Ibarra as our Employee of the Month for September! Hilda is very dedicated, kind and is always willing to help others. Hilda does an amazing job with problem solving and making our residents happy. She has a contagious personality and a smile that lights up any room! Hilda, we're beyond proud to have you here at Lewisville Estates!

