

December Events to Remember

It is the busiest time of the year and I know so many residents will be enjoying the holidays with their families. We have some fun activities planned for December so be sure to highlight what you would like to attend. We are no longer needing reservations for activities. We are social distancing with masks during activities. Things can change, so always look for the weekly schedule and special event flyers.



Here's what is happening in December:

Dec. 4: Wear Christmas Colors

Dec. 9: Yappy Hour for Our Residents and Their Furry Friends

Dec. 11: Wear Christmas Socks

Dec. 15: Veterans Club Social

Dec. 16: Legacy Hydration Talk and Hot Chocolate Bar

Dec. 18: Wear Your Favorite Christmas Sweater

Dec. 18: Resident Christmas Party with Andy Corridori

Dec. 24: Dress as a Christmas Helper (Elf, Reindeer, Mrs. Claus)

Dec. 31: NYE Countdown Happy Hour

I am always here to answer any questions you may have!

Meghan Cholette
Activity Director

Tastes of the Season

Just one sip of a seasonal beverage or a bite of a decadent dessert can put you in a holiday mood. Celebrate all month long with these favorite flavors:



Peppermint —

From the classic candy cane to crunchy, chocolaty peppermint bark, the vibrant taste of peppermint adds a dash of festive flair to all kinds of sweet treats. It's often swirled into cocoa or coffee beverages for a refreshing pick-me-up.

Hot cocoa — There may be no better way to warm up on a cold winter's day than with a mug of hot chocolate sprinkled with marshmallows. In addition to drinking it, you can indulge in hot cocoa-flavored candies, cookies, ice cream and popcorn.

Gingerbread — Combining ginger with other spices — typically cinnamon, cloves and nutmeg — results in one of the season's tastiest traditions. Making gingerbread men cookies and decorating gingerbread houses are whimsical ways to enjoy this holiday flavor.

Sugar cookie — Sweet and simple cookies in the shapes of stars, wreaths and snowmen are a favorite this time of year. You can further satisfy your sugar-cookie cravings with flavored coffee creamers, hot tea, popcorn and ice cream.

Eggnog — This rich, creamy beverage has been adapted into recipes for cookies, cakes, ice cream and candies, all celebrating the drink's scrumptious blend of vanilla, nutmeg and cinnamon.



Dear Residents, Families and Friends

The holidays are always a special time of year. The halls are full of joyful music, laughter between friends and celebration, as 2020 comes to an end. This year could be the longest we have ever experienced. I am grateful to each of our residents and families for showing continued support, love and grace through the year. My hope is next year will bring new beginnings and friendships for all.



Although we are unable to celebrate with our Forest of Trees this year, we are able to celebrate with beautiful wreaths donated by our surrounding community. These wreaths displayed in our Dining Rooms will be auctioned off later this month. All proceeds of the auction will be donated to a local charity to be announced.

Thank you for sticking with us this year and helping make Lewisville Estates a safe place to live. The management team vows to continue to keep our residents and staff protected during this time. Our No. 1 priority will always be you!

Happy Holidays!
Kolbee Kurtz
Executive Director

The Joy of Simple Things

A whirlwind of sights and sounds, the holiday season is often a busy time. But there's much joy and meaning to be found in the quieter moments as well.

Treats: Certain foods taste better around the holidays, don't they? Whether it's a sip of eggnog or a bite of decadent fudge, savor the moment as a mini celebration.

Decorations: Setting out some seasonal items can instantly put you in a festive mood. By placing a treasured keepsake in a spot where you'll see it every day, you can stir up warm feelings of comfort and joy.

Crafts: Winter is often peak crafting season. If the weather outside is frightful, you can delight in creating a homemade gift or jolly decoration. Take pride in using your hands and putting love into your work.

Music: Listening and singing along to your favorite holiday tunes is a simple pleasure that many folks enjoy. When you hear a song that's special to you, close your eyes and focus on the words and melody.



DECEMBER 2020

Locations

- AL Parking Lot, ALPL
- Bistro, B
- Community Room, CR
- Dining Room, DR
- Dog Park, DG
- Fitness Room, F
- Flagpole, FP
- Garden, G
- Library, LL
- Lobby, L
- Outing, O
- Route 66, R66
- Theater, TH

Birthdays

- Pauline Welch, 1st
- Virginia Stiff, 1st
- Dorolyn Potts, 2nd
- Erin Montgomery, 3rd (Employee)
- Lisa Hail, 5th (Employee)
- Crystal Regalado, 8th (Employee)
- Darlene Schatzman, 9th
- Mike Shea, 11th
- Kolbee Kurtz, 20th (Employee)
- Casey Ringo, 21st (Employee)
- Maria Medal, 25th (Employee)
- Meghan Cholette, 27th (Employee)

Activities Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>9:30 Strength Class w/Legacy, CR</p> <p>11:00 Morning Devotional, CR</p> <p>2:30 Crafters Corner, CR</p> <p>4:00 Ambassadors Meeting, CR</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Country Store</p> <p>3:00 Senior Dance Class, CR</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:30 Bible Study, CR</p> <p>2:00 Billion Dollar Bingo, CR</p> <p>4:00 Resident Meet & Greet, CR</p> <p>7:20 Cowboys Vs Ravens, R66</p>	<p><i>Wear Christmas Colors</i></p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Dominoes Club, F</p> <p>3:00 Happy Hour, CR</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee & Conversation, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>9:00 Morning Church Service, CR</p> <p>3:00 Resident Choice Game</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>4:00 Resident Advisory Meeting, CR</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>11:00 Morning Devotional, CR</p> <p>2:30 Crafters Corner, CR</p> <p>4:00 Sensational Singers, CR</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Country Store</p> <p>3:00 Yappy Hour, L</p>	<p>HANUKKAH BEGINS AT SUNSET</p> <p>9:30 Strength Class w/Legacy, CR</p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:30 Bible Study, CR</p> <p>2:00 Billion Dollar Bingo, CR</p>	<p><i>Wear a Christmas Sweater</i></p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Dominoes Club, F</p> <p>3:00 Happy Hour, L</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee & Conversation, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>9:00 Morning Church Service, CR</p> <p>12:00 Cowboys Vs Bengals, R66</p> <p>3:00 Resident Choice Game</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:30 Horseshoe Challenge, G</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>11:00 Morning Devotional, CR</p> <p>2:30 Crafters Corner, CR</p> <p>4:00 Veterans Meet & Greet, CR</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Country Store</p> <p>3:00 Senior Dance Class, CR</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:30 Bible Study, CR</p> <p>2:00 Billion Dollar Bingo, CR</p> <p>4:00 Resident Meet & Greet, CR</p>	<p>Wear Christmas Socks</p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Dominoes Club, F</p> <p>3:00 Andy Corridori Performs, G</p> <p>3:00 Birthday Bash, CR</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee & Conversation, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>9:00 Morning Church Service, CR</p> <p>3:00 Resident Choice Game</p> <p>7:20 Cowboys Vs 49s, R66</p>	<p>WINTER BEGINS</p> <p>10:00 Chair Yoga & Stretch, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:00 Axe Throwing, CR</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>11:00 Morning Devotional, CR</p> <p>2:30 Crafters Corner, CR</p> <p>4:00 Sensational Singers, CR</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Country Store</p>	<p><i>Wear Christmas Helper Outfit</i></p> <p>9:30 Strength Class w/Legacy, CR</p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:30 Bible Study, CR</p> <p>2:00 Billion Dollar Bingo, CR</p>	<p>CHRISTMAS DAY</p> <p>Merry Christmas to Our Residents</p> <p>11:00 Morning Devotional, CAR</p> <p>2:00 Dominoes Club, F</p> <p>4:00 Christmas Movie, TH</p>	<p>9:30 Walking Warriors</p> <p>10:30 Coffee & Conversation, L</p> <p>2:30 Movies and Popcorn, TH</p>
<p>8:30 In Search of the Lord's Way (KDFID Channel 7), R66</p> <p>9:00 Morning Church Service, CR</p> <p>3:00 Resident Choice Game</p> <p>3:25 Cowboys Vs Eagles, R66</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>10:30 Country Store</p> <p>11:00 Morning Devotional, CR</p> <p>2:00 Pokeno for Prizes, CR</p> <p>3:00 Connect 4 Game, CR</p>	<p>9:30 Strength Class w/Legacy, CR</p> <p>11:00 Morning Devotional, CR</p> <p>2:30 Crafters Corner, CR</p> <p>3:45 Pool Tournament, R66</p>	<p>10:00 Chair Yoga & Stretch, CR</p> <p>11:00 Morning Devotional, CR</p> <p>1:00 Country Store</p>	<p>NEW YEAR'S EVE</p> <p>9:30 Strength Class w/Legacy, CR</p> <p>10:00 Blood Pressure Check w/Legacy, CR</p> <p>10:30 Bible Study, CR</p> <p>2:00 Billion Dollar Bingo, CR</p> <p>3:30 NYE Countdown Happy Hour, L</p>	<p>Transportation Schedule</p> <p>Monday, 10 a.m. Grocery Stores</p> <p>Tuesday & Thursday, 10 a.m. Walmart</p>	<p>Wednesday, 10 a.m. Post Office/Bank</p> <p>Thursday, 2:30 p.m. Misc. Errands</p> <p>Friday, 9:30 a.m. Express Errands</p> <p>Friday, TBA Field Trips/Outing</p>